



*Tapping into spring renewal*

*Spring arrives as a gentle invitation to begin again. As the world awakens in color and warmth, it reminds us that growth is always possible, even after seasons of pause or distraction.*

*Let this be your moment to reconnect with intentions that may have been set aside, and to rediscover the energy that comes with a fresh start.*

*Join me at the end of the newsletter as we explore how to leverage this fresh start.*

**What's New?**

**Guyana Fishing Expedition**

It's been a busy winter and start to spring to say the least transitioning from the sweltering jungles of South America to the frozen landscape of northern Ohio then back to warmer temps in Florida and Texas and back to cold Ohio again.

2026 started off with nearly a month in Guyana for an expedition in the remote rainforest with my partner Ian Henderson as we fished for some epic species and gathered content for the YouTube channel that we are launching this year (stay tuned!). The fishing conditions were tough (translation: lots of relentless jungle rain, night stinging wasps, a few bouts of heat exhaustion to content with) but we managed for 23 days hidden from civilization and enjoyed some cool experiences.

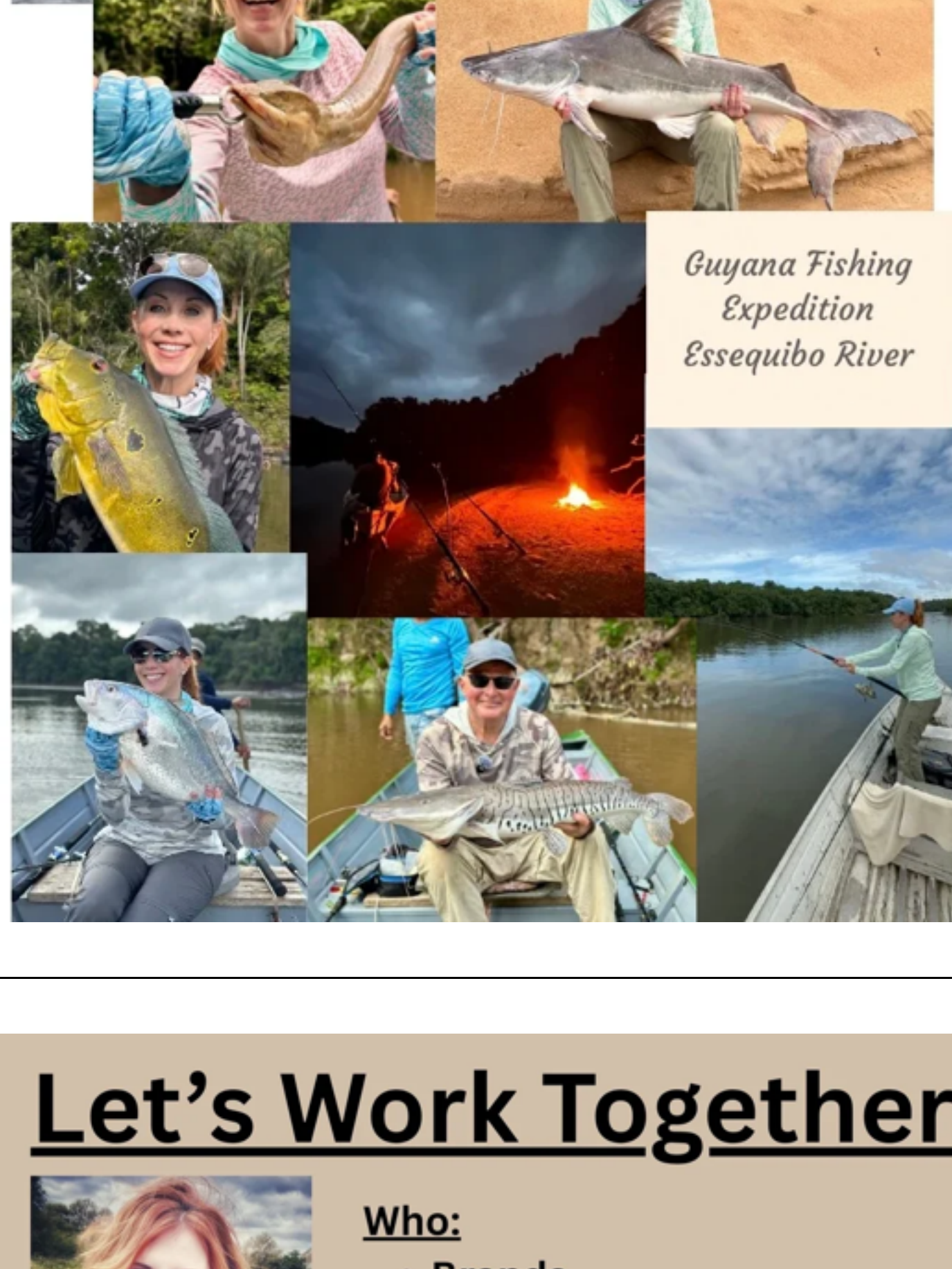
Our catches included some familiar species to us like the mighty piraiba catfish, redail, jau, payara (vampire fish) and about 25 other species. I had the pleasure of catching some species that were not anticipated including an electric eel, mud eel and some that we are still researching to find out what they were. My crowing catch was the stunning arapaima that required endurance to safely land, recover and release.

This massive fish was estimated by my Amerindian guide Mark to be just under 200 pounds. Its head alone was the size of the top half of my body. It was an exciting experience, and while my mother wasn't too keen on me being fully submerged in the Essequibo River with three species of piranha and all of the other predators that call it home, the recovery moments I had with this prehistoric arapaima were, in a word, magical.

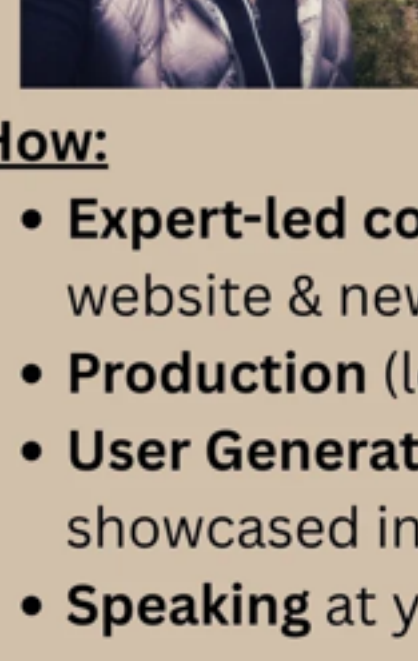
We also had the opportunity to test some new outdoor products in real-world scenarios including the Crazy Creek Hex 2.0 Power Lounger chairs and Pack Table (they were fantastic while rough camping on the jungle perimeter); several Katadyn products for water filtration (essential in these remote rainforest environments); AlpineAire dehydrated food (which served greater purposes than what we'd taken them for which I'll share in a future blog post); COAST voice activated headlamps (used while night fishing); and Fishbites freshwater baits that netted a few species for us.

Keep an eye out for the launch of our YouTube channel in the coming months as we prep the content for that. We would love your support by subscribing for content we are releasing related to travel, destination angling and aspirational endeavors. I'll keep you posted!

In the meantime, you can follow each of us on our Facebook pages at [Anietra Hamper Fishing & Outdoors](#) and [Ian Henderson Guided Fishing](#) and [@anietrahamper](#) on Instagram.



**Let's Work Together**



- Who:**
- Brands
  - Destinations
  - Publications
  - Organizations

- How:**
- **Expert-led content creation & strategy** (blog posts/ website & newsletter articles)
  - **Production** (let's get creative!)
  - **User Generated Content** (your brand & products showcased in real-world uses)
  - **Speaking** at your next event.

**Email me: [anietra@threewordpress.com](mailto:anietra@threewordpress.com)**  
**Website: [threewordpress.com](http://threewordpress.com)**

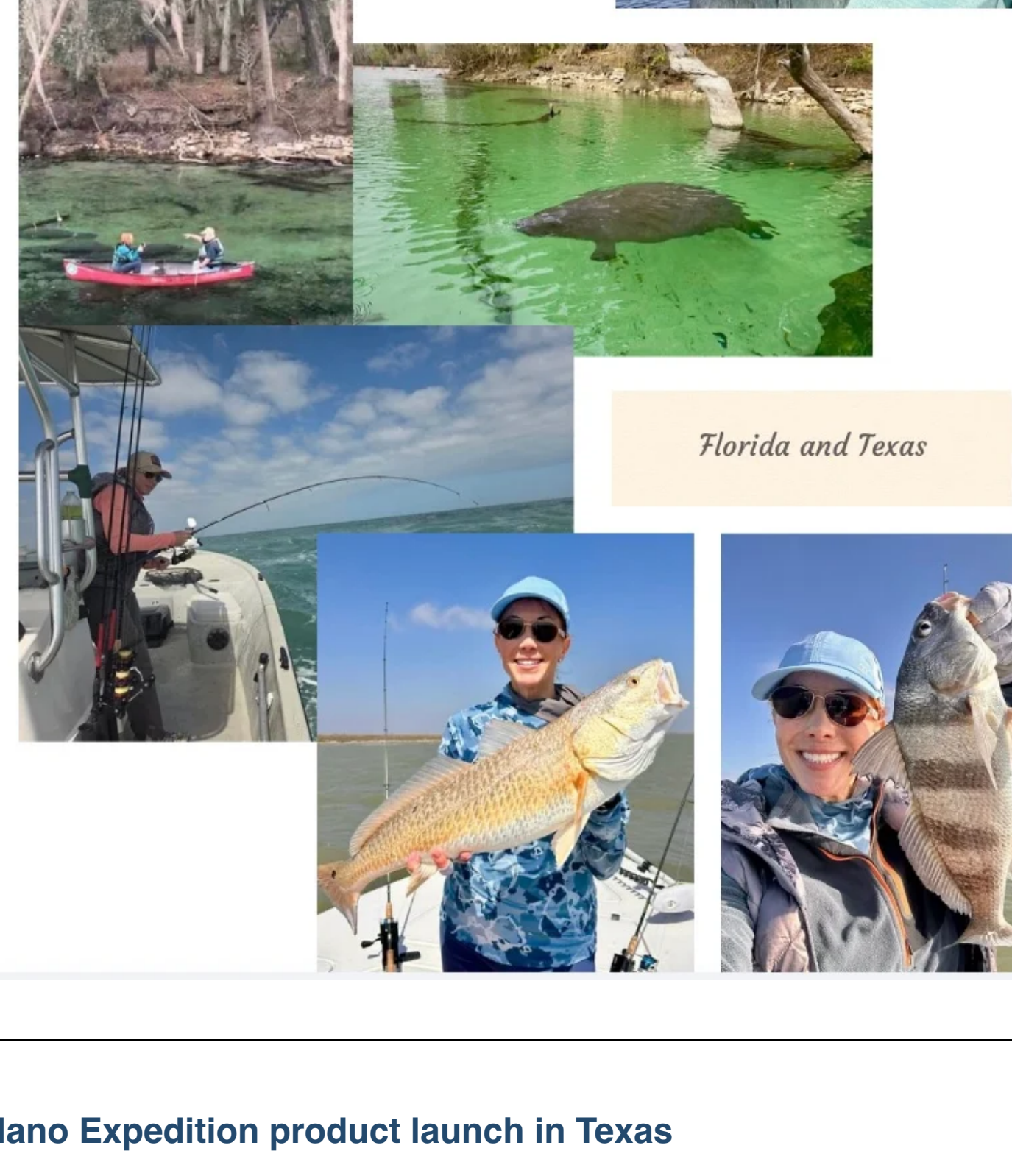
**Florida and Texas assignments**

Tackling a few assignments in both Florida and Texas the last few months provided some nice sunshine and fantastic fishing experiences that you will see in articles in upcoming publications.

Crappie fishing in DeLand, Florida in West Volusia County brought back a lot of memories of growing up fishing for crappie at my grandparent's cottage in Ohio. Only here, they are super-sized, especially in the winter months. We hit some of the lakes and tributaries that branch off the St. Johns River and I caught my biggest crappie ever, a two-pounder. My visit even prompted news coverage in the [Daytona Beach News-Journal](#). I also spent time at Blue Spring State Park with researchers from the Save the Manatee Club to learn how they are conducting the detailed work involved with protecting manatees and their habitats in Florida.

My next stop was Rockport, Texas, one of my favorite coastal fishing spots in the state. I targeted redfish and had a heck of a day on the water catching some big ones making their way past my bait as well as black drum. I took one small drum for dinner to enjoy blackened with great southern side dishes at a local hook and cook restaurant.

While in Texas, I also spent time in Port Aransas, another favorite fishing location, especially for those exciting bull reds. I caught a few species while fending off an occasional octopus on my line and seagulls snagging my shrimp while casting. I finished off the trip with a brilliant bull red.



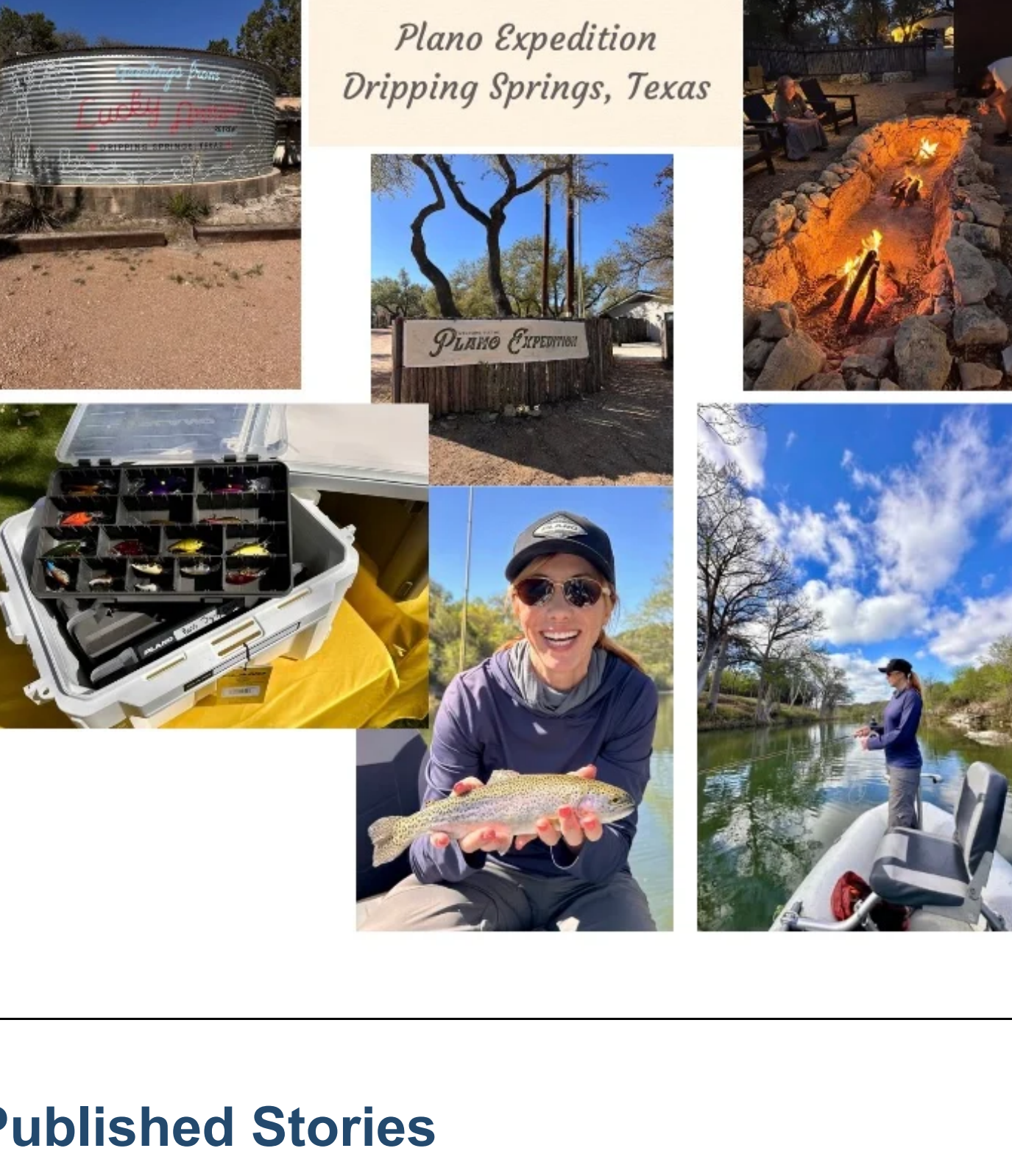
**Plano Expedition product launch in Texas**

This spring also brought a media invite by [Plano](#) to attend the Plano Expedition in Dripping Springs, Texas with the exclusive unveiling of their new GoNow organizational box before it launched in March. The invited media got a sneak peek at this great product that is a game-changer for fishing, hunting, camping and outdoors people on the go.

Plano is known for its organizational products. In fact, Plano developed the first-ever tackle box, and Caboodles (yes ladies, they still make it!) and they have evolved their products to cover a wide spectrum of organizational needs for outdoor enthusiasts.

During our expedition we got to try the GoNow box in a variety of scenarios and take advantage of our location in to fly fish for trout on the Guadalupe River, hit the trails on horseback and enjoy the serenity of the Texas Hill Country from our base at the Lucky Arrow Retreat.

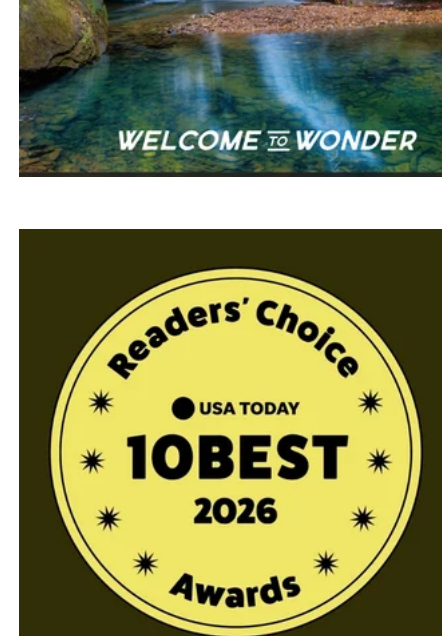
You can read my full review of the Plano GoNow box in my blog post linked below in the newsletter. And you can check out the [Plano GoNow boxes here](#) for more information and to purchase.



**Published Stories**



**CrappieNow**  
 The year-round crappie challenge on Georgia's Lake Oconee.  
[Read more](#)



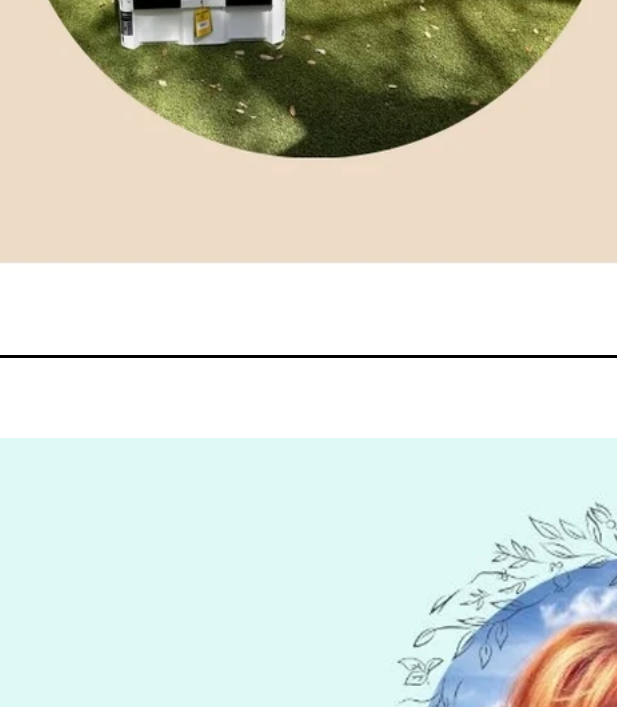
**2026 Hocking Hills Visitors Guide**  
 The Hocking Hills Visitors Guide: Give Back to the Forest (page 4)  
[Read more](#)



**USA 10Best**  
 As an expert panelist for USA TODAY 10BEST Readers' Choice Awards, I get to help nominate the best of the best in the fishing and outdoor industries, from products and guides to destinations and experiences.

Our latest list for the 10Best in fishing is open for voting until Monday, April 27th at 11:59am EDT. The top 10 winners, as ranked by our readers, will be announced on Wednesday, May 6th at 12:00pm EDT.  
[Read more](#)

**On the blog**



**Plano GoNow™ box review: How I organize my fishing gear (and spend more time fishing)**

[READ MORE](#)

**Tapping into spring renewal**

Just as blooms unfold in their own time, you are allowed to pause, reflect, and realign. The busyness of life may have carried your New Year's resolutions off course, but spring offers a natural reset and a chance to nurture yourself physically, mentally, emotionally, and professionally.

Use this spring moment to step outside, breathe deeply, and take in the renewal around you. In doing so, you may find the clarity and motivation to rejuvenate your path forward, one intentional step at a time.

